Wheat is measured in bushels, just like you would say a “pack of gum” or a “bag of chips.” One bushel is about 60 pounds of wheat!

A combine is the big tractor farmers use to harvest wheat. Farmers in Texas harvest their wheat in the late spring or early summer!

When a farmer harvests wheat, the combine uses a special tool to take out the wheat kernels. Those kernels are sent to a flour mill, where they are ground up into a fine powder that we call flour!

Kernels are the seeds found in the top part of the wheat plant. They are ground up to make flour or other wheat products!

This is what we call a single wheat plant!

Wheat is one of the biggest crops grown in the world! It’s been around for thousands of years and we use it to make flour, bread, pasta, cookies, crackers, cupcakes, cereal, tortillas, pancakes, paper products, cat litter, makeup and tons of other stuff!
It all starts on a ___________ fall day. The farmer heads out to
the ___________ and starts planting wheat seeds. During the
winter and spring, the farmer ___________ watches the wheat
to make sure it’s ___________. When the wheat is golden and ___________, the
farmer uses a ___________ tractor called a “combine” to harvest the wheat. The
combine ___________ the wheat kernels into a container so the farmer can send
them away to be made into flour. First, the kernels take a ___________ ride in a
trick to a grain elevator, where a ___________ pays the farmer for ___________ the wheat. Then, the elevator sells the wheat to a terminal elevator, where they
clean and ___________ the kernels. Finally, the terminal elevator sells the wheat
to a flour mill, where they ___________ the kernels into powder. The mill can
___________ the flour straight to the grocery store or sell the flour to a bakery to be
made into ___________ bread, pasta, cookies, crackers or tortillas. You can either
___________ these products at the grocery store or find them on the menu of your
___________ restaurant. Make sure you have ___________ servings of wheat
every day as part of a ___________ diet!