

Directions: Learn about different types of wheat products from around the world and play the matching game to test your memory. Once you identify a match, name the origin and wheat type and describe the product.

Product	Origin	Wheat Type	Description
Naan	South/Central Asia	Hard/Soft Wheat	Leavened flatbread often served with curry or as a wrap.
Pita	Middle East/North Africa	Soft White/Whole Wheat	Pocketed flatbread used as a wrap or for dipping.
Baguette	France	Hard Red/Hard White Wheat	Long loaf of bread with a chewy center.
Pasta	Italy	Durum Wheat	Various shapes and sizes served with sauces or in soups.
Couscous	North Africa	Durum Wheat	Steamed granules of Durum wheat served as a side dish with stews, meat or vegetables.
Asian Noodles	East/Southeast Asia	Soft/Hard White Wheat	Various styles served in soups and stir fries.
Croissant	Austria/France	Soft White Wheat	Buttery, flaky, crescent-shaped pastry.
Empanada	Latin America/Spain	Soft Wheat/All Purpose	Baked or fried pastry filled with meat, cheese or vegetables.

Wheat Around the World

Directions: Learn about different types of wheat products from around the world and play the matching game to test your memory. Once you identify a match, name the origin and wheat type and describe the product.

Product	Origin	Wheat Type	Description
Matzah	Middle East	Soft Wheat	Unleavened flatbread eaten during Jewish holidays.
Wonton	China	Soft Wheat	Thin wrappers filled with meat or vegetables, served in soup or fried.
Tortilla	Mexico/Central America	Soft Wheat	Flatbread made with wheat or corn.
Bagel	Poland	Hard Wheat	Dense, chewy, ring-shaped bread that is boiled before baking.
Scone	Scotland	Soft Wheat/All-Purpose	Quick bread that can be sweet or savory often served with tea or jam.
Fry Bread	Native American	All-Purpose	Deep-fried flatbread served as a sweet or savory side or main dish.
Pizza Crust	Italy	Hard Wheat	Flatbread served with tomato sauce, cheese and various toppings.

Extension Activities:

- Identify each country or region(s) on a map where each of these wheat products originates.
- Find a recipe for each of these products and make them in the classroom or at home.

Wheat Around the World Memory Matching Game

Directions: Cut out the cards and shuffle them before laying the cards face down in a grid pattern on a flat surface. Each player takes turns flipping over two cards. If the two cards match, the player keeps the cards and gets another turn. If the cards do not match, turn them facedown again, and the next player takes their turn. The game ends when all the cards have been matched. The player with the most matches wins.



Wheat Around the World Memory Matching Game





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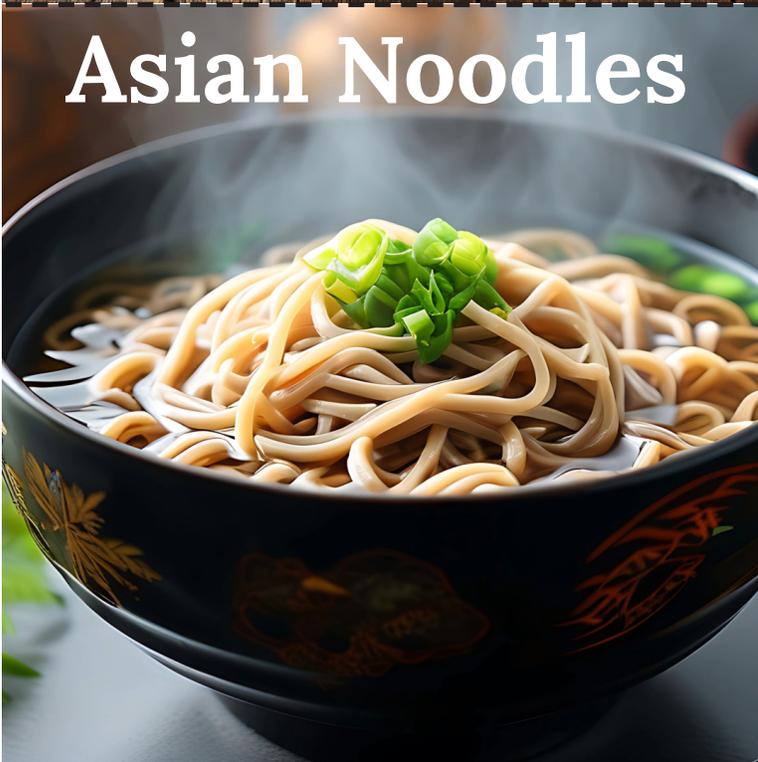
Wheat Around the World Memory Matching Game



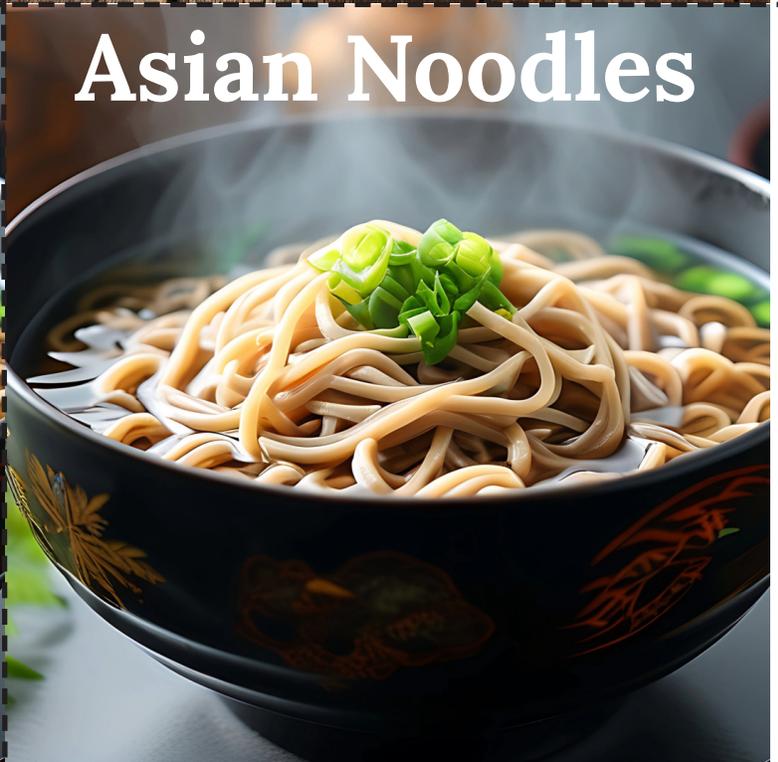
Couscous



Couscous



Asian Noodles



Asian Noodles



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Wheat Around the World Memory Matching Game



Croissant



Croissant



Empanada



Empanada





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Tortilla



Tortilla



Bagel



Bagel





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Scone



Scone



Fry Bread



Fry Bread





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Wheat Around the World Memory Matching Game

